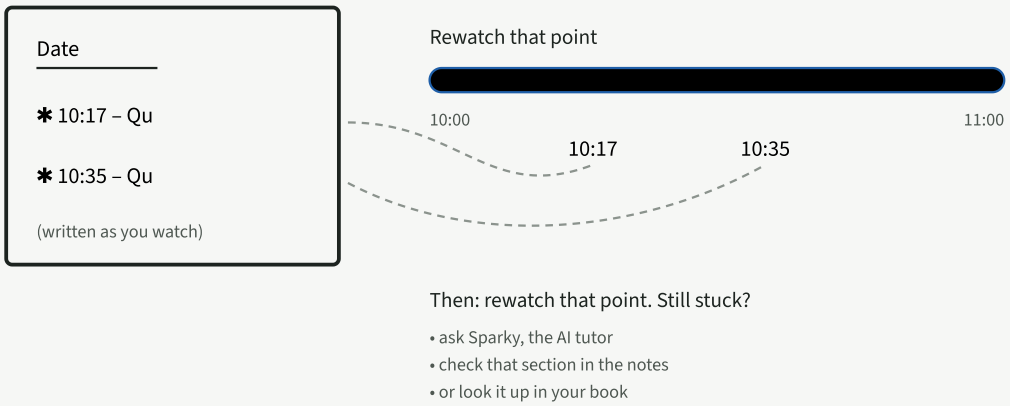
LOG YOUR QUESTIONS AS YOU STUDY

SHOULD YOU STOP THE LESSON FOR EVERY QUESTION?

It's hard to stop and chase a question while you're trying to stay focused. If you break off every time something puzzles you, you **lose the thread**, and lots of questions answer themselves a few minutes later.

So instead, keep a **question log** as you go: write the **date**, then just the **time** and "Qu" each time something doesn't make sense.



The question log. The time is all you need to find your place in the lesson later.

- The lessons are always there, so go back to **10:17** whenever you like and ask yourself what was being said at that point.
- You might think you'll have forgotten by then, but you've **committed it to paper**, so you'll remember. It's like tying a piece of string round your finger: you know what it's for because **you physically did something** to remind yourself.
- After rewatching, you may find you **don't need to ask** after all. If you still do, ask Sparky — the AI tutor answers from these notes and links you to the exact section.
- Be **proactive**. Try to answer your queries yourself first. You get far more out of it when you find the answer yourself.

Free section from Sparky Study Notes. The full Level 3 notes, 1,463 practice questions and the video lessons: sparkystudynotes.co.uk